

# BE A HERO FOR A BETTER WORLD

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**"Hope is a powerful emotion that gives us strength and helps us through difficult times. With hope, we believe that things will get better, and we find the courage to keep trying."**

**-- Robert Alan Silverstein**

**Do One Thing for a Better World**

**...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)**

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